

Bulletin of the California Horticultural Society

Cultivating Friendship, gardens and fun for over 75 years

Monthly meetings are held at the San Francisco County Fair Building and are co-sponsored by the SF Botanical Gardens at Strybing Arboretum, 9th Avenue at Lincoln Way in Golden Gate Park. Parking is available behind the SF Co. Fair Building on Lincoln Way.

4:00 PM Botanical gardens walk with the speaker.

Meet at the entrance

5:30 PM NO HOST Dinner will be at Park Chow Restaurant, 1240 9th Ave. San Francisco.

7:15 PM Announcements, Plant Forum, and Program Meeting will be held at the SF Botanical Garden in the SF County Fair Building at 9th Avenue at Lincoln Way; San Francisco.

***Members free

***Non-members – A donation of \$5 is requested.

The Plant Drawing

each month is an important source of funds for the Grants and Scholarships Program.

For January, Flora Grubb Gardens – San Francisco courtesy of Jason DeWees will be donating plants along with SF Botanical Garden at Strybing Arboretum courtesy of Don Mahoney.

Our appreciation to:

- ▶ Sloat Garden Center—Kentwood, courtesy of Sharon McGettigan
- ▶ SF Botanical Garden at Strybing Arboretum, courtesy of Don Mahoney

for the outstanding selection of plants donated for the November meeting

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January 2009

Volume 76, Issue 1

Medicinal Plants of the SFBG

January 19th

Presented by Joseph C. Barbaccia MD, MPH

Dr Joseph Barbaccia is a docent at the SFBG and Past President of the SFBG

Society's Board of Trustees.

He has been fascinated by the growth of the field of Alternative and Complimentary Medicine (ACM). Since becoming a



docent (after retirement) he has pursued interests in the use of plants as sources of medicine through history. The slide-illustrated talk will point out some of the many plants in the Garden from Mediterranean, temperate and cloud forest climates that have been and/or are currently used as medicines. The talk will also indicate some factors related to the increasing interest and use of herbals in the US and in the Western world generally.

February's meeting

Jan. 16th

South Africa's Fynbos Flora

presented by Ernesto Sandoval

The focus of the program will be on the biodiversity of the Cape Region of South Africa and how that influences the rest of life there including humans and how including humans the plant diversity is influenced by them. Ernesto will bring along a nice set of South African bulbs of flowering size and other uncommon plants with an emphasis on South Africa to sell.

You will not want to miss this special opportunity to add some new species to your garden.

*"...the right
combination of air,
water, tempera-
ture, light and
perhaps a fire, or a
good scraping,
or maybe a period
of chill....then,
miracles happen."*



President's message

Ellen Frank

Happy New Year everyone!!! 2009 as with all new years brings with it new promise, growth, and like a seed, new beginnings. Seeds are amazing bits of DNA in suspended animation waiting for the right combination of air, water, temperature, light and perhaps a fire, or a good scraping, or maybe a period of chill....then, miracles happen and that first root develops, then a pair of leaves or cotyledons, if you will, that nourish the plant until it can nourish itself with the energy it makes from sunlight. Amazing things these plants are. Dave Tivol has been storing everyone's seeds they have gathered throughout the year and that list of seeds is in this bulletin. What fun and exciting plant on the list this year. Thank you all who donated. Please put together your order and send to Dave by the end of February, but 1st postmarks get priority if seed runs short. In March we will ask for volunteers to help package the orders and distribute the seeds into the individual orders. This is a fun get together and there are commonly some varieties that have extra seed if you didn't get your fill with your 10 choices, you can usually snag a few more to try. I want to thank Dave for his commitment to this project each year, consistently reminding folks to save seeds for this endeavor and for all his hard work putting the seed list together and making sure it is accurate or at least as accurate as what he has been told. I also want to thank and acknowledge all the people that have gathered, donated and shared the wealth of the diversity of plants they either have in their gardens or have come upon in their travels. This is really a great benefit for members and it is an important mission to share knowledge and resources to other members.

Are you a member for 2009???

Even if you haven't sent in your dues, you will continue to get the first few newsletters until you suddenly realize, "hmmmm, what happened to the Cal Hort Bulletin? I haven't gotten one in a while. To prevent missing a thing, please be sure to pay your dues so you can continue to be informed of all the happenings of the Society.

The San Francisco Flower and Garden Show is moving to the San Mateo Event Center and

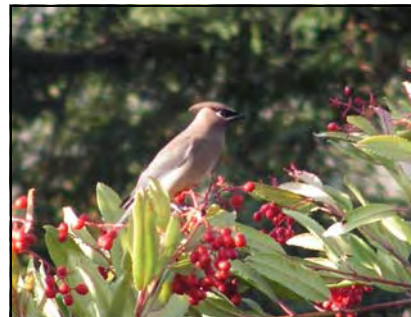
will no longer be held at the Cow Palace. We will be partnering this year with the Western Horticultural Society to sponsor the New Plant Picks exhibit. This will be a great opportunity to work with a wonderful group of plant people and get to know our siblings to the South.

Our one major fund raiser is coming up shortly after the Flower and Garden Show. This is our annual Plant Sale. We did not have one last year, so this year's sale is more important than ever to make it successful. We will need everyone's help and commitment to promote and help at the sale. We are counting on a big sale and some great plants. We will have specialty nurseries selling their plants with the Society getting a portion of the proceeds. We will also be requesting support from other nurseries in the way of donations that we can sell for a profit.

This is my last "president's message" since I will be passing the baton this month to our new president. It has really been a pleasure to serve the Society and I will be serving as "Past-President" to help with the transition. I have gotten to know many more of you than I would have otherwise and I have enjoyed that part of this experience the most. I love the field trips and hope to help plan more this year. You get the most out of being a member if you get involved. The more folks involved, the more fun it is for everyone. Next newsletter we will get an introduction of the new president and council members for 2009.

Enjoy the respite of winter. I know I have, this morning I was

so tickled when I looked out the window and saw Cedar Waxwings, Robins and Western Bluebirds gobbling up my Toyon berries. What a treat. For me and for them. It had been very cold and they sure must have been hungry because they were really hogging them down. Enjoy this time of planning and rest before all the fun begins again in Spring. I will see you at the meeting.



A Cedar Waxwing dropped by for a bite to eat

February 7, Saturday, 9:00AM – 4:00PM

Green Gains: Prosper With Ecological Solutions—Ecolandscape 2009 Conference and Trade Show. Featured speakers include: Brad Lancaster on Turning Drains into Sponges and Water Scarcity into Water Abundance, Pam Marrone on Innovations in Biopesticides, and Janet Hartin on Compost Use for Landscape and Environmental Enhancement. Two-day pre-conference workshop – February 5, 8:00 AM –5:00 PM and February 6, 8:00 AM –3:30 PM. At Samuel Pannell Community Center, 2450 Meadowview Rd, Sacramento, CA 95832 For more info or to register go to www.ecolandscape.org.

THE GARDENS AT HEATHER FARM
(925) 947-1678 • www.gardenshf.org

January 17, Saturday morning, 9:00AM – 12:00PM

Lawn Begone: Envisioning Your Garden Without Lawn!—This class will discuss practical methods of how to change lawn area into a water wise garden without tilling or chemicals using sheet-mulching techniques. Will also cover basic garden design principles, site-appropriate plant ideas and plant installation. With Anita Bueno, Landscape Architect and Designer, Owner of BuenoLuna Design. 9:00 AM –12:00 PM, members \$20, non-members \$25.

January 25, Sunday afternoon, 1:00PM – 3:30PM

Camellias: See One of the Largest Collections—Learn about the selection and care of this classically beautiful shrub known for its long lasting winter blooms. Robert Ehrhart is renowned for his collection on half an acre nearby the Gardens. 1:00 PM –3:30 PM, free (registration required).

January 31, Saturday morning, 9:00AM – 12:00PM

The Edible Garden: It Doesn't Take a Hectare!—Shelley Somerset, Garden Designer and Owner of Somerset Designs will demonstrate how to plant edibles in the ornamental garden in a design style you'll like. 9:00 AM –12:00 PM, members \$20, non-members \$25.

SF BOTANICAL GARDEN SOCIETY
(415) 661-1316 • www.sfbotanicalgarden.org

January 24, Saturday, 10:00AM – 3:00PM

Lunar New Year Flower Market—To celebrate the Year of the Ox, SFBG will host its 10th Annual Lunar New Year Flower Market in the County Fair Building's spacious gallery at 9th Avenue and Lincoln Way. There will be a bounty of traditional New Year plants for sale, as well as beautiful handcrafted items and delicious food. 10:00 AM –3:00 PM, free.

January 27, Tuesday morning, 9:30AM – 12:00PM

The Garden in Color (Color Studies: Plant Combinations Using Colorist Techniques)—Ever wonder why your plant combinations 'don't work'? This course will help you to begin to develop color as an essential tool in the garden and will increase your skills in the selection and planting of combinations of annuals, perennials,

shrubs, and trees for maximum color effect. Eight Tuesday morning classes starting January 27th; 9:30 AM –12:00 PM, members \$150, non-members \$175.

January 31, Saturday, 9:00AM – 1:00PM

Gardening with Succulents—Workshop with Ernesto Sandoval, curator of the UC Davis Greenhouse. Focus will be on aloes, agaves, and cacti, but will also cover some less common drought-tolerant plants. Some of the plants will be for sale. 9:00 AM –1:00 PM, members \$55, non-members \$65.

WESTERN HORTICULTURAL SOCIETY
(650) 948-4614 • www.westernhort.org

January 14, Wednesday evening, 7:30PM

The UC Davis Arboretum: New Programs, Gardens, and Plants—Talk presented by Ellen Zagory, Director of Horticulture at the UC Davis Arboretum. Christ Episcopal Church, 1040 Border Rd, Los Altos. Doors open at 7 and meeting at 7:30 PM, members free, non-members \$5. For more info call (650) 948-4614 or e-mail info@westernhort.org.

February 11, Wednesday evening, 7:30PM

Robert Kourik Roots Demystified: Robert Kourik sees a whole other world of beauty below the surface of the soil. He knows that in order to have that beauty above ground you have to take care of the root system below ground.

Change Your Garden Habits to Help Roots Thrive

Christ Episcopal Church, 1040 Border Rd, Los Altos. Doors open at 7 and meeting at 7:30 PM, members free, non-members \$5. For more info call (650) 948-4614 or e-mail info@westernhort.org.

UPCOMING EVENTS - MARK YOUR CALENDARS

San Francisco Flower and Garden Show

March 18 - 22, 2009, San Mateo Event Center. We will be setting up on Tuesday, March 17th and breaking down on Sunday at 6pm on March 22nd. Volunteers needed all days to help with the display.

Cal Hort Annual Plant Sale

Public Sale on Sunday, April 5th, 10am to 3pm - Lake Merritt at Lakeside Park Garden Center. Members only Gala and preview sale Saturday, April 6th, early evening. Volunteers needed to help with publicity, call for donations of plants, set up and sales on Saturday and many needed for the public sale and tear down on Sunday.

To help out with either of these events please call 415-385-9862 or email editor@calhortsociety.org.

Thanks to those who donated seed for the exchange this year, without whose participation this program would not be possible, and whose initials in the list below indicate their expressed willingness to be contacted about the plants from which the donated seed came and the conditions under which they grow: Ruth Bancroft Garden (RBG), Kate Brovarney (KB), Alan Brubaker (AB), Leland Burrill (LB), Betsy Clebsch (BC), Barrie D Coate (BDC), Chris Coddling (CC), Ann Gilmore (AG), Jan Hamby (JH), Christie Hastings (CH), Ed Holm (EH), Bob Hornback (BH), Mary Sue Ittner (MSI), Ron Lutsko – Stonewall Gardens (SG), Daisy Mah (DM*), Don Mahoney (DM#), John D Marchant (JDM), Charlotte Masson (CM), Bruce Peters (BP), Katherine Pyle (KP), Corina Rieder (CR), SF Botanical Garden at Strybing Arboretum (SF), Jill Salmon (JS), Richard Starkeson (RS), Patricia Van Aggelen (PVA), Max Withers (MW), Kristin Yanker-Hansen (KYH), and those whose gratefully received donations remain anonymous. Nomenclature and descriptions are those given by these donors.

1. *Acantholimon armenum?* (JDM)
2. *Acer palmatum* 'Bloodgood' (EH): red leaves all summer; stratify 2-3 months
3. *Agave bractiosa*
4. *Agave salmiana v ferox*
5. *Agrostemma githago* (JDM): Corn Cockles
6. *Alcea rosea* (BC): to 6'; single white flowers; no rust
7. *Alcea rosea* (PVA): to 5'; makes a beautiful white cloud of flowers
8. *Allium* 'Hair Allium' (JDM): novelty/freak to 2'; green fibery heads with bulbils
9. *Allium crispum* (MSI): beautiful native onion from coastal ranges south of San Francisco; good container plant
10. *Allium turcomanicum* (KP)
11. *Allium unifolium* (DM#): California native
12. *Aloe brevifolia*
13. *Aloe ciliaris*
14. *Alyogyne hakeaefolia* (RBG)
15. *Angelica gigas* (DM* & SF)
16. *Aristea ecklonii* 'Blue Stars' (KP)
17. *Asclepias curassavica* (DM*): to 3'; yellow flowers in summer; attract butterflies
18. *Asclepias fascicularis* (SG): to 3'; white-pink flower; wild collected in Capay Valley, Yolo County
19. *Atriplex hortensis* (PVA): Orach; annual to 3'; red leaves
20. *Banksia seminuda* (SF)
21. *Beschorneria x decosteriana* (BC): Grantham cross
22. *Beschorneria decosteriana x septentrionalis* (BC): Grantham cross
23. *Beschorneria rigida* (MVV): from UCBCG
24. *Beschorneria rigida* (SF)
25. *Bouteloua gracilis* (CR)
26. *Brachychiton* 'Majestic Beauty' (RBG)
27. *Brodiaea elegans* (MSI): harvest Brodiaea; native bulb for container or garden; shiny purple petals with darker stripe
28. *Campanula thessala?* (JDM): gray-green rosettes; stems to 8" full of white bells
29. *Carpinus caroliniana* (BDC)
30. *Cedronella canariensis* (DM#)
31. *Cerinthe major* (SG)
32. *Chilopsis linearis* (RBG)
33. *Chlorogalum pomeridianum* (MSI): native bulb; wavy leaves, small star-like flowers that open late afternoon into evening creating a dainty show; can reseed a bit more than you might like if happy; put by the Native Americans to a variety of uses
34. *Chrysanthemum parthenium* 'Aureum' (DM*)
35. *Citrullus vulgaris* 'White Wonder' (BP): white fleshed watermelon
36. *Clarkia purpurea ssp purpurea* (DM*): upright to 2'; flowers lavender-pink
37. *Clarkia rubicunda ssp blasdalei* (DM*)
38. *Clarkia williamsonii* (DM*)
39. *Clarkia sp* (DM*): to 12"; blooms May/June; single flowers pink with white eye
40. *Cleistocactus sp* (not *C. straussii*)
41. *Clematis tangutica* (AB & JH)
42. *Coix lacryma-jobi* (BH): Job's Tears; tender grass; decorative seed
43. *Cornus glabrata* (EH): wild collected in the Santa Cruz Mountains, San Mateo County; stratify 2-3 months
44. *Crocasmia* 'Lucifer' (BH)
45. *Cynara cardunculus* (SG): to 5'; broad leaf form; purple flower
46. *Cyphostemma juttae* (BP): grape family succulent; beautiful silver leaves; caudex-like trunk; seeds take a long time to germinate
47. *Dahlia imperialis* (DM#): true dahlia; flowers pink, early and repeat bloom
48. *Dahlia x scapigera* (DM#): red flower
49. *Delphinium cardinale* (AB): California native; red flower
50. *Delphinium requienii* (BC): annual or biennial
51. *Dierama pulcherrima* (CM): white flowers
52. *Dierama pulcherrima*: mixed colors
53. *Digitalis parviflora* (DM*)
54. *Dudleya albiflora* (CR)
55. *Dudleya lanceolata* (CR)
56. *Dudleya virens ssp hassei* (CR)
57. *Echinocactus grusonii*
58. *Echium gentianoides* 'Tajanaste' (JDM): perennial to 5'
59. *Eriogonum crocatum* (JDM)
60. *Eriogonum douglasii* (JDM)
61. *Eriogonum grande v rubescens* (CR & SF)
62. *Eriogonum jamesii v flavescens* (JDM)
63. *Eriogonum pauciflorum ssp nevadaense?* (JDM)
64. *Eriogonum wrightii ssp wrightii* (JDM)
65. *Eryngium* 'Miss Wilmott's Ghost' (JDM)
66. *Euphorbia ceratocarpa* (SG): to 4'; chartreuse flower
67. *Euphorbia coerulescens*
68. *Euphorbia rigida* (SG): to 18"; yellow flower
69. *Euryops speciosissimus* (RBG)
70. *Ferocactus robustus*
71. *Ferocactus wislizenii*
72. *Ferula communis glauca* (PVA): to 6'; yellow flower
73. *Festuca californica* (SG): to 3'; silver-blue leaf; wild collected at Shotgun Creek, Shasta County

74. *Firmiana simplex* (= *Sterculia platanifolia*) (BDC)
75. *Freesia* (= *Lapeirousia*, = *Anemotherca*) *laxa* (DM#): small bulb; easy; flower pink with red spots
76. *Freesia* (= *Lapeirousia*, = *Anemotherca*) *laxa*: small bulb; easy; flower white with red spots
77. *Fremontedendron* 'California Glory' (SF)
78. *Fritillaria affinis* (SG): to 3'; green-brown flower; wild collected at Mt Veeder, Napa County
79. *Galvezia speciosa* (CR)
80. *Gasteria bicolor* *hyb* (RBG)
81. *Habranthus robustus* (EH): lovely fall blooming bulb; start in pot, then transfer to ground after two or three years
82. *Halesia Carolina* (AB): Silver Bells
83. *Haworthia truncata* (RBG)
84. *Helleborus* *hyb* (MSI): mixed colors; good drought tolerant plant for shade
85. *Helenium bigelovii* (CR)
86. *Heracleum lanatum* (AB): Cow Parsnip
87. *Hesperoyucca* (= *Yucca*) *whipplei* (RBG & JS)
88. *Heteropteris chrysophylla*: malpighiaceae vine; yellow flowers followed by red seeds
89. *Hibiscus esculentus* 'Bowling Red' (BP): Okra; pick daily during summer as the beautiful red pods grow crazy fast but these remain edible a bit longer than most; leaves heavily spotted deep burgundy
90. *Hibiscus ferrugineus* (KYH): from Madagascar; relatively profuse one-inch coral pink flowers; plant can handle a hot summer wall with ease, continuing to bloom without blinking
91. *Hibiscus heterophyllus* (BP): easy shrub to 12'; 6" white flowers tinged with pink on the outside; fun one- to three-lobed leaves; sun to part-shade; water to dry
92. *Hibiscus trionum* (BC & RS): annual
93. *Hibiscus coccineus alba* (KYH): much like its sister the red form, flowers with the petals separated from each other, and can live on both dry land and ponds; although from hot humid climates like Texas and Florida, this hardy perennial can handle our inland heat and dryness as long as it gets regular water; still needs to be tested along the coast and bay
94. *Ixia viridiflora* (JS)
95. *Ixia viridiflora* (DM#): mixed, flower color ranges from turquoise to white
96. *Knowltonia capensis* (SF): rather like a hellebore
97. *Lachenalia pustulata* (DM#)
98. *Lathyrus* 'Cupani' (DM*): very fragrant Sweet Pea of ancient lineage; flowers purple and pink
99. *Lavatera asurgentiflora* (SF): California Island native, does well in our continental climate even tolerating frost inland but needs some summer water inland
100. *Lavatera maritima* (= *bicolor*) (CH): large shrub; leaves variegated cream/green; flowers bright purple with veining; acts like biennial, reseeds
101. *Lavatera* 'Barnesly' (RS)
102. *Leonurus sibericus* (JDM): annual or biennial to 6'; can be weedy
103. *Leucocoryne vittata* (MSI): beautiful bulb from Chile; seems need warm temperatures to stimulate bloom; can be grown in a deep pot; open pollinated so could be hybrid
104. *Libertia grandiflora* (JS)
105. *Linaria purpurea x gynistifolia* (KP): haphazard hybrids
106. *Littonia modesta*: vine appears yearly mid to late Spring; climbs by tendrils at the tips of leaves, which are in whorls of four; one-inch orange campanulate flowers; withers and disappears for the season after seed is ripe; withstands repeated winter water while dormant
107. *Lobelia tupa* (SF)
108. *Lomatium californicum* (SG): to 2'; chartreuse flower; wild collected at Cache Canyon, Yolo County
109. *Lomatium* *sp* (SG): to 8"; cream flower; wild collected in the Santa Lucia Mountains, Monterey County
110. *Lupinus arboreus* (BC): perennial; yellow flowers
111. *Lupinus* *hyb* (AB): Russell hybrids
112. *Lycopersicon esculentum* 'Black Krim' (EH): heritage tomato; great flavor; dark brown-red flesh; may crack; open pollinated; indeterminate
113. *Lycopersicon esculentum* 'Bloody Butcher' (EH): heritage tomato; juicy; red flesh; medium size; open pollinated; indeterminate
114. *Lycopersicon esculentum* 'Brandywine' (EH): heritage tomato; rich flavor; red flesh; to 24 oz; Amish origin; open pollinated; indeterminate
115. *Lycopersicon esculentum* 'Cherokee Purple' (EH): heritage tomato; like 'Black Krim' but less prone to cracking; open pollinated; indeterminate
116. *Lycopersicon esculentum* 'Costoluto Genovese' (EH): heritage tomato; ugly but delicious; good in hot or cool weather; open pollinated; indeterminate
117. *Lycopersicon esculentum* 'Julia Childs' (EH): heritage tomato; as good as she was; open pollinated; indeterminate
118. *Lycopersicon esculentum* 'Orange Pineapple' (EH): heritage tomato; delicious; beefsteak type; multicolor interior flesh; open pollinated; indeterminate
119. *Lycopersicon esculentum* 'Purple Calabash' (EH): heritage tomato; winey flavor; most purple flesh of all tomatoes; open pollinated; indeterminate
120. *Lycopersicon esculentum* 'White Queen' (EH): heritage tomato; juicy and sweet; beefsteak type; white flesh; open pollinated; indeterminate
121. *Lysimachia minoricensis* (BP): grown for its dark green leaves etched with silver veins; a little tricky to get going, but then quite easy; can re-seed gently in moist soil; great in a rock wall
122. *Michelia champaca* (BP): very floriferous with beautiful scent often used for perfume; long yellowish leaves; part-shade to sun in cooler climates
123. *Mimulus* *hyb* (SF): woody shrub; large flowers pure white
124. *Muscari neglectum* (KP)
125. *Nigella hispanica* 'Curiosity' (DM*)
126. *Nyssa aquatica* (BDC): pyramidal tree to 35'; collected from a boat in a tidal brackish marsh, Pawley's Island SC
127. *Ochna pulchra* (SF)
128. *Oenothera elata hirsutissima* (EH): wild collected at 3000' in Plumas County; stratify 2-3 months
129. *Onixotis stricta* (DM#)
130. *Orlaya grandiflora* 'Minoan Lace' (AG): 20" umbel of white flowers; sun or part shade
131. *Ornithogalum fimbriatum* (PVA)
132. *Orthosanthus chimboracensis* (SG): to 18"; blue flower
133. *Orthosanthus* *sp* (SG): to 16"; violet-blue flower
134. *Osteomeles schweriniae* (BDC)
135. *Othonna retrofracta* (RBG)
136. *Papaver pilosum* (KP): semi-double flower
137. *Papaver pilosum floreplesna* (CM)
138. *Papaver somniferum* (BC): single
139. *Papaver somniferum* (PVA): to 3'; mauve flower
140. *Passiflora membranacea* (SF)
141. *Pavonia rubra* (KYH): South American; flowers red and orange all summer and well into fall; full sun
142. *Penstemon smallii* (CR)
143. *Pinus coulteri* (JS): grown in New Zealand
144. *Platystemon californicus* (LB): Cream Cups
145. *Psoralea pinnata*
146. *Quillaja saponaria* (BDC)
147. *Rhododendron occidentale* (AB): California native; start in coconut fiber, do not cover

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148. *Rosa palustris* (BDC): shrub to 4' tall. 12' broad; collected from a boat in a tidal brackish marsh, Pawley's Island SC
149. *Rosa pinetorum* (EH): wild collected at 4000' in Plumas County; stratify 2-3 months
150. *Salvia apiana* (BC)
151. *Salvia curtiflora* (SF)
152. *Salvia karwinskii* (RS): to 15', can be trimmed lower; large sprays of red flowers
153. *Salvia patens* 'Lavender Lady' (PVA)
154. *Salvia pratensis* ssp *haematodes* (BC)
155. *Salvia semiatrata* (SF)
156. *Salvia spathacea* 'Powerline Pink' (CC)
157. *Scabiosa* *hyb* (AG): flower chocolate-burgundy
158. *Selago serrata* (JDM): perennial to 3'
159. *Senna artemisoides* (RBG)
160. *Senna phyllodenia* (RBG)
161. *Sideritis cypiria*
162. *Solanum* *sp* (RS): to 18"; lots of blueberry-sized fruits
163. *Solidago californica* (KYH): low growing and very drought tolerant; planted in my Danville dry area in late winter, bloomed throughout our drought-ridden hot summer, in full sun, without any water at all
164. *Sparaxis elegans* (DM#)
165. *Sparaxis meterkemperi* (DM#)
166. *Stylomecon heterophylla* (LB)
167. *Synodea* (= *Sparaxis*) *variegata* (DM#): South African bulb; flowers pink/yellow
168. *Tabebuia chrysotricha* (RBG)
169. *Tagetes lemonii* (AG): Mexican
170. *Taxodium distichum* (BDC): pyramidal tree to 40'; fall color rust to orange; collected from a boat in a tidal brackish marsh, Pawley's Island SC
171. *Tecoma stans* (RBG)
172. *Tecoma stans* 'Gold Star' (RBG)
173. *Trachelium* 'Hamner Pandora' (JDM)
174. *Tradescantia pallida* 'Purple Heart' (BC)
175. *Trichosporum* (= *Aeschynanthus*) *radicans* (SF): gesneriad for warm greenhouse; flowers bright red
176. *Triteleia dudleyi* (MSI): native to from Tulare County; small yellow flowers with purple anthers; good for container culture
177. *Triteleia laxa* (DM#)
178. *Trochetiopsis ebenus* (SF): endangered plant originally found on the cliffs of Napoleon's St Helena; needs a climate of little to no frost to survive
179. *Tropaeolum majus* (KB): nasturtium "Whirlybird Cream"; semi-double flowers medium yellow
180. *Tropaeolum majus* (KB): nasturtium; single flowers light yellow
181. *Tweedia caerulea* (= *Oxyptalum caeruleum*) (JH & JS)
182. *Verbascum bombyciferum* 'Arctic Ice' (SG): to 6'; yellow flower
183. *Verbena hastata* 'Alba' (BC): to 4'; mid-summer bloom
184. *Veronicastrum virginicum* (KB): like veronica to 3' tall, 1' wide; flower spikes clear white; deciduous
185. *Vigna* (= *Dolichos*) *sesquipedalis* (EH): Chinese Long Bean
186. *Vitis rotundifolia* (BDC): Muscadine Grape; vigorous to 100', but sparingly watered forms a vining shrub in Los Gatos; collected from a boat in a tidal brackish marsh, Pawley's Island SC
187. *Watsonia aleroides* (DM#)
188. *Watsonia humilis* (DM#)
189. *Xanthoceras sorbifolia* (BC): stratify
190. *Yucca gloriosa*? : variegated
191. *Yucca schottii*
192. *Zinnia peruviana* (DM#): annual
193. *Zinnia* 'Old Mexico' (PVA): to 18"; mildew resistant; 2" flowers double pompoms, deep mahogany red with bright gold to orange
194. mystery seed (RS): succulent leaves; one-inch five-petalled pink flowers trailing on stalk, opening for one day one at a time

Plant of the Month

by Josh Schechtel

Alchemilla mollis- Lady's Mantle

Although it isn't a particularly rare or unusual plant, Lady's Mantle is one of my favorites for the perennial bed. It can thrive in sun or shade, and doesn't seem to care what sort of soil you plant it in, as long as it gets semi-regular watering. The bright green leaves look great most of the year, and when they get old and beaten up, you can just cut it back and it will resprout with fresh



Photo by Ted Kipping

new growth. Over time, it will grow to about a foot tall and two or three feet across. In addition to its attractive leaves, Lady's mantle produces drifts of small yellow-green flowers. The leaves are covered in fine hairs, and when water drops land on them, these hairs trap a thin layer of air underneath the drop, causing it to shimmer brilliantly, like drops of mercury. These beads of water were considered by alchemists to be the purest form of water, and they used this water in their quest to turn base metal into gold, giving the plant its name, "Alchemilla". The rest of the plant has also been used as an herbal medicine. It has been used for blood clotting, wound healing, and to alleviate diar-

To join, or for full range of membership levels, please visit our web site at www.calhortsociety.org, or contact Elsie Mueller at 800-884-0009.

Deadline for publication is the third Monday of each month for the following month's Bulletin, with the exception of December. Events during the first ten days of the month should be submitted two months ahead

Bulletin Editor

We need YOU!!!

editor@calhortsociety.org

Calendar Editor

Kathy Dahlin

calendar@calhortsociety.org

President

Ellen Frank

Vice President

We need YOU!!!

Recording Secretaries

Bruce Peters
Andy Stone

Corresponding Secretary

Barbara Hopper
Jbhopper@calhortsociety.org

Treasurer

Jan Hamby

Parliamentarian

Jan Hamby

Secretary

Elsie Mueller
1847 34th Avenue
San Francisco, CA
94122-4109
(415) 566-5222
(800) 884-0009

Executive Council

2007 - 2009

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Second Term
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2008 - 2010

First Term
Jonathan Silverman

Second Term
James Budke
Ellen Frank
Ted Kipping

2009 - 2011

First Term

**Council Meeting
Schedule for 2009**

All California Horticultural Society Board Meetings are open to any member who may wish to come and see how things are run or who would like to have some extra input into Society dealings. We meet the 2nd Monday of every other month, starting in January, in the Recreation Room of the County Fair Building in San Francisco, the room next to auditorium where the monthly meetings are held. If you would like a place on the agenda, please contact the president at least 7 days in advance.

Monday, January 12th, 7:30 PM

Monday, March 9th, 7:30 PM

Monday, May 11th, 7:30 PM

Monday, July 13th, 7:30 PM

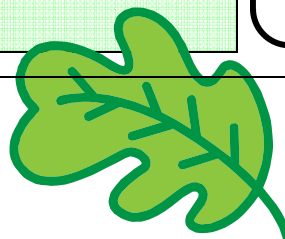
Monday, Sept. 14th, 7:30 PM

Monday, November 9th, 7:30 PM



The California Horticultural Society

San Francisco County Fair Building
9TH Avenue & Lincoln Way
San Francisco, CA 94122
www.calhortsociety.org



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