

*The next monthly general meeting is Monday, November 15, 2010 at 7:15 pm*

Monthly meetings are held at the San Francisco County Fair Building, 9th Avenue at Lincoln Way in Golden Gate Park.

Free parking is available behind the San Francisco County Fair Building on Lincoln Way.

4:00 PM – Botanical gardens walk with the featured speaker. Meet at the entrance to the San Francisco Botanical Garden.

5:30 PM – No-host dinner will take place at Park Chow Restaurant, located at 1240 9th Avenue in San Francisco.

7:15 PM – Announcements, Plant Forum, and Program Meeting will be held at the San Francisco County Fair Building at 9th Avenue and Lincoln Way in San Francisco.

Cal Hort members may attend for FREE. Non-members – a donation of \$5 is requested

Photo by Ted Kipping



Plant of the Month  
*Aralia californica*

## November 2010 PROGRAM

### The All-Star Program

by Ellen Zagory



Ellen Zagory, long-time CalHort member and Director of Horticulture at the UC Davis Arboretum, will present the results of Arboretum staff's identifying and recommending 100 tough, reliable plants (All-Stars) that have been tested in the Arboretum, are easy to grow, low maintenance, don't need a lot of water, have few problems with pests or diseases, and have outstanding qualities in the garden. Many of them are California native plants and support native birds and insects. Most All-Star plants may be successfully planted and grown throughout California, including the Bay Area.

## JANUARY 2011 MEETING

### The Ethnobotany of California Native Plants

by John L. Kipping

Some people have more than one passion. This is why John Kipping works as an arborist, a trip leader and guide in commercial river rafting, and a freelance naturalist. Although he knows about native plants from all over western North America, in this talk, John focuses on those in California. Ethnobotany means the relationship of people to plants. John's talk explains the relationship of California native plants to indigenous people and how these plants can be used today.

# AUTUMN HORTICULTURAL Events by Don L. MacGregor

## IN FIELDS OF GOLD: GOLDFIELDS OF CALIFORNIA

with Jenn Yost

Monday, November 8, 7:30 PM

Meeting of Santa Cruz Chapter CNPS at UCSC Arboretum,  
1156 High Street, Santa Cruz. (831) 427-2998  
[www.arboretum.ucsc.edu](http://www.arboretum.ucsc.edu)

## THE UNLIMITED ORCHARD: THE FINEST FRUITS YOU CAN GROW

with C. Todd Kennedy

Wednesday, November 10, 7:30 PM

Western Horticultural Society  
Parish Hall, Christ Episcopal Church,  
1040 Border Road, Los Altos Hills \$5 for guests  
[www.westernhort.org](http://www.westernhort.org)

## AN EVENING WITH BELGIAN LANDSCAPE DESIGNER PETER WIRTZ

Thursday, November 11, 6:15 PM

The Walt Disney Family Museum,  
104 Montgomery - The Presidio  
\$100, Cocktails and Illustrated Talk.  
[www.gardenconservancy.org](http://www.gardenconservancy.org)

## SLUGS, BUGS AND BIGGER THUGS, SAFE AND SANE PEST MANAGEMENT FOR BAY AREA GARDENS

with Bob Fiorello

Saturday, November 13, 9:30 AM - 12:30 PM

Strybing Arboretum, Golden Gate Park  
\$70, SFBGS Members \$55.

Download registration form or call (415) 661-1316 x 400.  
[www.sanfranciscobotanicalgardensociety.org](http://www.sanfranciscobotanicalgardensociety.org)

## END-OF-SEASON PLANT SALE

Saturday, November 13, 10:00 AM - 1:00 PM

Strybing Arboretum Nursery, Golden Gate Park  
[www.sanfranciscobotanicalgardensociety.org](http://www.sanfranciscobotanicalgardensociety.org)

## ECOLOGY AND CONSERVATION OF MARITIME CHAPARRAL IN THE CENTRAL WEST REGION OF CALIFORNIA

Talk with Mike Vasey

Monday, November 15,

6:00 PM Potluck Dinner, 7:00 PM Talk

Horticulture Bldg., UC Santa Cruz Arboretum,  
1156 High Street, Santa Cruz. (831) 427-2998  
[www.arboretum.ucsc.edu](http://www.arboretum.ucsc.edu)

## SUCCULENT WREATH MAKING

Wednesday, November 17, 6:00 PM - 9:00 PM

UC Botanical Garden at Berkeley, 200 Centennial Drive  
\$60, UCBG Members \$50 (limited to 20 people).  
Register at (510) 643-2755  
[www.botanicalgarden.berkeley.edu](http://www.botanicalgarden.berkeley.edu)

## HERBS FOR YOUR THANKSGIVING FEAST

Workshop with Georgann Cunney

Saturday, November 20, 9:30 AM - Noon.

Strybing Arboretum, Golden Gate Park,  
9th Avenue & Lincoln Way

\$45, SFBGS Members \$35. (415) 661-1316 x 400  
[www.sanfranciscobotanicalgardensociety.org](http://www.sanfranciscobotanicalgardensociety.org)

## DRIED FLOWER AND SUCCULENT WREATH SALE

Saturday, November 20, 10 AM-4 PM and

Sunday, November 21, 10 AM-2 PM.

UC Santa Cruz Arboretum  
1156 High Street, Santa Cruz. (831) 427-2998  
[www.arboretum.ucsc.edu](http://www.arboretum.ucsc.edu)

## JACK LENOR LARSEN'S LONGHOUSE

An Illustrated Talk

Saturday, November 20, 10:30 AM

DeYoung Museum, Golden Gate Park  
\$25, Garden Conservancy Members \$20.  
[www.gardenconservancy.org](http://www.gardenconservancy.org)

## THE ECUADORIAN AMAZON

The Kippings Potluck/Slideshow with Ronn Patterson

Tuesday, November 23, 7:00 PM

Strybing Arboretum, Golden Gate Park,  
9th Avenue & Lincoln Way, (Bring a dish and beverage for 8).

## THE OAK LIFECYCLE

Guided Tour

Saturday, November 27, meet at the Gazebo, 11:00 AM  
UC Davis Arboretum, Garrod Drive. (530) 752-4880  
[www.arboretum.davis.edu](http://www.arboretum.davis.edu)

## WINDOW BOX AND DECK GARDENING

Workshop with Ellyn Shea

Saturday, December 4, 9:30 AM-11:30 AM

Strybing Arboretum, Golden Gate Park  
\$45, SFBGS Members \$35. (415)661-1316 x 400  
[www.sanfranciscobotanicalgardensociety.org](http://www.sanfranciscobotanicalgardensociety.org)

## CALIFORNIA'S NATIVE PLANTS

Guided Tour of the Mary Wattis Brown Garden

Saturday, December 4, 11:00 AM

UC Davis Arboretum, Buehler Alumni and Visitor's Center,  
LaRue Road and Beau Vine. (530) 752-4880  
[www.arboretum.davis.edu](http://www.arboretum.davis.edu)

## EVERGREEN WREATHS AND GARLANDS WORKSHOP

Wednesday, December 8, 6:00 PM-9:00 PM

UC Botanical Garden at Berkeley, 200 Centennial Drive  
\$30, UCBG Members \$25 (limited to 20 people).  
(510) 643-2755  
[www.botanicalgarden.berkeley.edu](http://www.botanicalgarden.berkeley.edu)

## Plant of the Month by Josh Schechtel

*Aralia californica*

Family: ARALIACEAE

As we settle into late autumn, one of my favorite native plants is finishing its annual show and getting ready to disappear for the winter. Neither an elk nor a clover, *Aralia californica* is a native perennial that thrives in shade, and even does well in the heavy clay soil that makes life difficult for so many gardeners. Like many native plants, once it is established it needs little watering.

Native to much of California and Oregon, the elk clover grows in shady areas, along seeps and springs, producing large leaves on arching stems up to eight feet high. It has a graceful form that is highlighted by umbels of tiny white flowers in late summer, followed by dark purple berries that are enjoyed by birds. In autumn, the leaves turn a pale yellow before the entire plant melts away, going dormant before emerging in spring to begin the cycle anew.

Elk clover is a relative of *Ginseng*, and like its cousin, it has many uses in herbal medicine. As a tea, it has been used to treat backache and asthma, and has been used as an expectorant, diuretic and a sedative. In a poultice, it has been used to treat rashes, bruises and ear infections, and the root has been used to make drinks like root beer. Even if you don't eat it, this plant is worth growing in the shade garden.



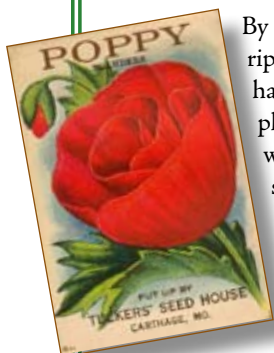
(Top) Established in a shady location, *Aralia californica* needs little extra water once established. (Bottom) Large white blossoms light up the shade during this plant's bloom.

### LAST CALL FOR THE SEED EXCHANGE!

By now most seeds from your garden should be ripe and ready to collect. Please share what you have. Seeds do not have to be rare, unusual or plentiful. There are many Cal Hort members who look forward especially to the variety of seeds we are able to offer—so all seeds are welcome. The Seed Exchange Committee asks that you include with your fully ripe seeds the following information:

- + identification of the seeds with a botanical name, if possible;
- + your own comments with images, particularly if you know only the common name or identification is uncertain;
- + any special care that the seeds need, such as stratification.
- + Please indicate whether you wish to be an anonymous donor or your name will appear as usual in the introduction to *The Seed List for 2011*.

Dave Tivol will be collecting seeds at the November meeting. If it is more convenient for you to mail your seeds, send them as soon as possible to: Dave Tivol, 130 Locksunart Way, #4, Sunnyvale, CA 94087





# The California Horticultural Society

San Francisco County Fair Building

9th Avenue and Lincoln Way

San Francisco, CA 94122

[www.calhortsociety.org](http://www.calhortsociety.org)

## Announcing the Wayne Roderick Lecture Series sponsored by the Regional Parks Botanic Garden

*The Regional Parks Botanic Garden is located at the intersection of Wildcat Canyon Road and South Park Drive within Tilden Regional Park in the hills above Berkeley, California.*

Join us for our popular series of free public lectures on a broad array of topics related to plants and natural history. Named in honor of its founder, the Wayne Roderick Lecture Series takes place on Saturday mornings from November through February at 10:30 AM in the Visitor Center of the Regional Parks Botanic Garden. These illustrated presentations are enjoyable for beginners and professionals alike.

**Note:** Seating is limited, so it is advisable to arrive early, save a seat, and enjoy the garden until lecture time.

**Nov. 6** Plant hunting on the Trinity ultramafic sheet of Mt. Eddy, Siskiyou County with Steve Edwards

**Nov. 13** - A taste of the old Southwest, spring 2010 in Arizona, New Mexico, and Texas with Bob Case

**Nov. 20** - Cloud forests of Oaxaca and Chiapas, Mexico with Ted Kipping

**Nov. 27** - Ecology of ice age megafauna and the first Americans, including new developments with Steve Edwards

**Dec. 4** - Flora of the New Mexico Rockies with Dick O'Donnell

**Dec. 11** - California Indian baskets; new findings in anthropology and botany with Ralph Shanks

**Dec. 18** - Images from the flora of the arid lands east of the Sierran crest with Aaron Schusteff

## Monthly Plant Drawing News

Thank you to Don Mahoney of Strybing Arboretum, and members Kristin Yanker-Hansen and Charlotte Masson for plants for the plant drawing. We encourage our membership to bring in unusual plants from the collections to share with our other members.

To join the California Horticultural Society, or for a full range of membership levels, please visit our web site at [www.calhortsociety.org](http://www.calhortsociety.org), or contact Kristin Yanker-Hansen at (925) 831-9499.

It's membership renewal time. Dues are due in January of 2011. You will be receiving notice in the mail shortly. Questions? Please address them to Steve Morse (email: [markhaminfo@sbcglobal.net](mailto:markhaminfo@sbcglobal.net) or telephone: 925-330-6527). The new CalHort membership chair is Charlotte Masson.

The California Horticultural Society has maintained its quality programs because of the dedication of the volunteer officers, chairs, and members. The future of the Society depends upon its member volunteers to provide leadership. The Board asks that members volunteer for positions to keep Cal Hort the best organization it can be.

Please contact Ted Kipping, the Nominating Committee Chair, for more information about serving on the Board. You can also chat with Board members, either by e-mail, by phone, or at any Cal Hort meeting.

Deadline for publication in this Bulletin is the third Monday of each month for the following month's Bulletin, with the exception of December. Events during the first ten days of the month should be submitted two months ahead.

### EXECUTIVE COUNCIL

2008-2010 (Second Term) Jim Budke, Ted Kipping

2009-2011 (First Term) Demi Bowles Lathrop

2010-2012 (First Term) Michael Craib, Don MacGregor, Caren Magreblan, Dave Mrus

2010-2012 (Second Term) Steve Morse, Andy Stone, Dave Tivol

### COUNCIL

President	Open
Vice President	Open
Past President	Ellen Frank
Recording Secretary	Jim Budke
Corresponding Secretary	Open
Treasurer	Jan Hamby
Parliamentarian	Jan Hamby
Membership	Charlotte Masson

BULLETIN EDITOR  
[editor@calhortsociety.org](mailto:editor@calhortsociety.org)

CALENDAR EDITOR  
[calendar@calhortsociety.org](mailto:calendar@calhortsociety.org)